

## Compliance of *From Farm To Table – Canada* popcorn products with the Trans Fat Standards Regulation and School Food and Beverage Policy (P/PM 150)

Nutrition facts for *From Farm To Table – Canada* popcorn products have been assessed according to the Trans Fat Standards Regulation and P/PM 150 Nutrition Standards (see criteria listed below).

### Trans Fat Standards Regulation:

Trans fat content does not exceed 5% of the total fat content.

### P/PM 150 Nutrition Criteria for Grain-Based Snacks:

| Sell Most   | Sell Less   | Not Permitted for Sale                                    |
|---|---|---|
| Fat ≤ 3 g<br>and Saturated fat ≤ 2 g<br>and Sodium ≤ 240 mg | Fat ≤ 5 g<br>and Saturated fat ≤ 2 g<br>and Sodium ≤ 480 mg | Fat > 5 g<br>or Saturated fat > 2 g<br>or Sodium > 480 mg |

### Assessment of *From Farm To Table – Canada* popcorn products (23 g serving size)

| Flavour             | Nutrient Content |                   |               |             | Category  |
|---------------------|------------------|-------------------|---------------|-------------|-----------|
|                     | Fat (g)          | Saturated Fat (g) | Trans Fat (g) | Sodium (mg) |           |
| Light Butter & Salt | 1                | 0                 | 0             | 160         | Sell Most |
| Dill Pickle         | 1.5              | 0                 | 0             | 200         | Sell Most |
| Kettle Corn         | 1.5              | 0                 | 0             | 115         | Sell Most |
| White Cheddar       | 1.5              | 0                 | 0             | 65          | Sell Most |

**All products comply with the Trans Fat Standards Regulation and the P/PM 150 “Sell Most” Nutrition Criteria for Grain-Based Snacks**

### Assessment performed by:

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